

CPRS Continuing Education (CE) Fact Sheet

In keeping up to date with your recertification, it is necessary to complete ten (10) continuing education hours of which five (5) must be face-to-face in a live classroom setting and one (1) hour of ethics.

The other five (5) hours can be obtained using electronic means such as computer based learning or webinars.

Certification Renewal Guidelines

To maintain certification status, each Certified Peer Recovery Specialist must:

- Annually complete and submit a Renewal Application;
- Provide documentation of successful completion of continuing education hours as approved by TDMHSAS;
 - Continuing education hour certificates need to have the date and the hours of the training.
 - If the certificate did not come with a date or hours; have your supervisor sign off with this information included.
- Provide at minimum 25 hours of peer recovery services per year with a minimum of 1 hour of **supervision from a mental health professional or qualified alcohol and drug abuse treatment professional** (in accordance with acceptable guidelines and standards of practice as defined by the State and as defined in the TDMHSAS Licensure rules, Chapter 0940-05-01), as evidenced by the supervisor's report in the Employment/Volunteer Summary (part of the Renewal Application). See Section XII. Supervision Requirement in the CPRS Handbook for more information on supervision.
- Submit any other documents required by the TDMHSAS Office of Consumer Affairs and Peer Recovery Services.
- Continuing education focused on clinical treatment will not be accepted. **It is a violation of the Code of Ethics for CPRS's to provide clinical treatment.**
- Continuing education must be within, but not limited to, recovery in the fields of mental illness, substance abuse, or co-occurring disorders.

Certification Renewal Procedure

- Each Tennessee Certified Peer Recovery Specialist is responsible for maintaining his or her certification.
- You must submit your Renewal Application and all other required documentation at least fourteen (14) calendar days prior to the end of your recertification date.
- Unless renewed annually, the certification shall become inactive on the certification renewal date.
- Inactive certifications can be reactivated within twelve (12) months.
- Certified Peer Recovery Specialists who wish to reactivate their CPRS status following inactive status must complete one hour of continuing education for every month they have been in inactive status, not to exceed ten hours.

Continuing Education Verification Procedure

The information below is required to confirm successful completion of approved continuing education hours:

- Certificate of attendance or completion
 - Certified Peer Recovery Specialist's name
 - Certificate signed by the instructor, trainer, or supervisor

- Training date
- Number of continuing education hours

OR

- Provider agency in-service trainings as required by the Bureau of TennCare
 - Verification on official agency letterhead
 - Certified Peer Recovery Specialist's name
 - Letter signed by the immediate supervisor
 - Hours of attendance
 - Training date

OR

- College or university courses in behavioral-health related subjects
 - A syllabus signed by the professor with a copy of grades for the course, or
 - Transcript showing course and grade

Additional Continuing Education Hours for Reactivation of CPRS Status

Certified Peer Recovery Specialists who wish to reactivate their CPRS status following inactive status must complete one hour of continuing education for every month they have been in inactive status, not to exceed ten hours.

To obtain a Renewal Application, visit <http://www.tn.gov/behavioral-health/topic/peer-recovery-services> or contact the Office of Consumer Affairs and Peer Recovery Services at 800-560-5767 or CPRS.TDMHSAS@tn.gov.

Below is a list of typical trainings that would and would not be acceptable for certification purposes.

APPROVED TRAININGS:

Stages of Change
 Detoxification
 Crisis Management Mental
 Health Disorders
 Understanding Mental Health or Substance Abuse Treatment
 Peer-Directed Recovery
 Illness Management and Recovery Wellness
 Recovery Action Plan (WRAP) Person-
 Relapse and Recovery
 Peer Employment Training or Peer Support Specialist Training (PSST) Peer
 Counseling Training
 Building Self-Esteem
 BRIDGES
 Recovery Stories
 Mental Illness and Substance Use
 Relapse Prevention
 Twelve Steps
 Recognizing Workplace Burnout
 Identifying Relapse Urges and Triggers
 Conflict Resolution in the Workplace
 Coping with Transference of Feelings
 Culture Differences and Beliefs
 Grief and Loss

Grief and Recovery
Spirituality and Recovery
Cultural Diversity and Sensitivity

Examples of Unapproved Trainings

While important for the job, some classes and training topics do not apply specifically toward the continuing education of a CPRS. Below is a list of trainings that could not be used for CPRS continuing education.

Examples of Unapproved Misc. Trainings:

First Aid Classes (medical, not mental health)
Cardio Pulmonary Resuscitation (CPR) Classes
Driver Education
Food Safety Handling
Fire and Other Emergencies
Protective Equipment
Material Safety Data Sheets (MSDS)
Blood Borne Pathogens
Patient Neglect/Abuse
Sitting and Lifting
Electrical Safety
Hand Hygiene

Examples of Unapproved Clinical Trainings:

Sexual Assault Dynamics and Treatment
Trauma-Informed Treatment of Addiction
Clinical Supervision
Solution Focused Brief Therapy in Behavioral Health
Cognitive Behavioral Therapy
Emotion Focused Therapy
Integrative Therapy
Multicultural Therapy
Relational-cultural Therapy
Client-Directed Outcome-Focused Therapy
Mindful Therapy
Feminist Therapy
Treatment of Suicidality
Repair and Reattachment Grief Therapy